Food TV
Food Safety Transcript

Today we’re going to talk about kitchen safety.

We have some knives here. When you’re in a kitchen you have to be very, very careful with these. You don’t want to walk in and try to give a knife to somebody else and accidentally stab them or something. So we like to carry knives: like to hold them down at an angle to it so it’s not poking out to anybody else.

When you are cutting something, make sure you don’t put your finger right close to it. If you have really, really sharp knives, you’ll want to keep them in a place in a cabinet where if you have young kids you don’t want to have them go and pick them up, because these knives are very, very dangerous.

The next thing we have if you have grease and let’s just say you have a fire that comes about on your stove. What you can do is you can grab a lid and just like put it out. You can grab a pan too, that will work. If you have none of these or if you don’t have a fire extinguisher, the next thing to use is baking soda. You just pour it on it and it puts out the fire.

Next we’ll move on to cords. You do not want to have any cords near the sink, were you can get accidentally electrocuted. This is a really nice: this is a good example to tie it in back and then plug it in. But you want to make sure all of your appliances are unplugged, too.

Next thing you want to know about, is to make sure you keep all your dishes clean. Dispose of everything you use in a trash can, because there can be some really nasty smells and people can get sick from that.

Next thing you want to do is every time you cook, you want to make sure you put your hair back. Preferably, do not wear any jewelry, but if you do just make sure they’re not in your food. You want to make sure you always wash your hands every time you cook, before and after. Make sure you wipe it down with a paper towel or a dishrag.

Do not leave your food unattended because something might happen. Let’s say you’re in another room and a fire starts and you’re not aware of it, or the over boiling of water. That’s all we have to say for today.

Featuring Lanelle Pahe